

Fitness Trainers and Aerobics Instructors (39-9031)

Occupation description: Instruct or coach groups or individuals in exercise activities. Demonstrate techniques and form, observe participants, and explain to them corrective measures necessary to improve their skills. Excludes teachers classified in 25-0000 Education, Training, and Library Occupations. Excludes Coaches and Scouts (27-2022) and Athletic Trainers (29-9091).

Employment and Job Openings

	Employment			Average annual openings		
	2016 estimate	2026 projection	Percent change	Labor force exits	Occupation transfers	Total
Alaska	709	819	15.5	50	76	137
United States	299,200	329,200	10.1	20,600	31,400	55,010

Job outlook

Alaska: Alaska's employment growth is strong with very high employment opportunities. [Read more.](#)

2019 Wages ?

	Mean Wage	Wage by Percentile				
	Mean	10th	25th	Median	75th	90th
United States	21.69	10.15	12.94	19.42	27.63	36.25
Alaska	19.15	11.05	12.53	17.90	24.38	29.14
Anchorage/Mat-Su Area	19.97	11.15	12.92	19.54	24.73	29.75
Balance of State	18.33	10.88	12.01	15.89	24.66	28.85

Labor Force Indicators

2016 Worker Characteristics

Total workers	Nonresident workers	Percent nonresident	Percent age 45 plus	Percent age 50 plus
596	100	16.8	30.9	22.6

2016 Potential Supply

Qualified but working in another occupation	515
Currently employed in a lower paid occupation	198
UI claimants previously working in occupation	11

2016 ALEXsys Employment Data

Number of registrants	140
Number of job position postings	16
Ratio of registrants to job position postings	8.8

Typical Entry-level Education, Experience, and/or On-the-job Training

Education: High school diploma or equivalent

Work experience: None

On-the-job training: Short-term on-the-job training

Training Resources

	Degree
University of Alaska Anchorage (Anchorage)	
Physical Education	BED
Physical Education	BS
Teach Credential-Phys Ed	LIC

	Degree
Vocational Training and Resource Center (Juneau)	
Certified Personal Trainer	

Department of Labor and Workforce Development, Research and Analysis Section
P.O. Box 115501
Juneau, Alaska 99811-5501
Phone: 907.465.4500, Fax: 907.523.9654
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